

Welcome to Highbridge Medical Centre

Should you require local medication assistance whilst you are on holiday, here is some useful information to guide you.

Pharmacist

The local pharmacies have the facility to advise on minor illnesses such as cough, sore throat, cystitis, impetigo, hay fever, conjunctivitis, thrush, athlete's foot, ringworm, earache, headaches and fever.

This service is offered during normal pharmacy opening hours, which in some cases includes Saturdays and early evenings. There is a pharmacist situated next door to Highbridge Medical Centre. A list of pharmacies is also overleaf.

Burnham-on-Sea Hospital Minor Injuries Unit.

Burnham-on-Sea Hospital (BOSH) run a nurse led Minor Injury Unit and is an important first point of contact for our temporary residents. No appointment is necessary; the clinic run daily on a first come first seen basis (or in order of medical need).

The hours of opening are:

Winter - 11am until 3pm

(1st November until 31st March)

Summer - 10am to 6pm

(April 1st until 31st October) 7 days a week.

However, there is no X-Ray facility at BOSH, so if your injury is more serious, Weston General Hospital casualty is open 24 hours and Bridgwater Hospital 7am until 11pm. (X-Ray facility available 9am-5pm week days only)

Please note: The MIU cannot treat children under 2 years old, the unit also **cannot** deal with 4 layer bandaging.

If you require 4 layer your own GP surgery should then phone 01823 346176 to make an appointment for the weekly leg ulcer clinic at BOSH if appointments are available.

Please make sure you bring your Doppler assessment, care plan and dressings to your appointment (1/2 hour **per leg**-appointments on **Fridays only**)

Please visit our website in order to download our temporary resident Registration form or further copies of this leaflet.

www.highbridgemedicalcentre.co.uk

How to contact a GP

All holidaymakers who wish to see or speak to a GP at Highbridge Medical Centre should contact us on 01278 783220 for a telephone consultation with the Doctor. Anyone calling in person at the medical centre will be **offered a** telephone consultation, on the same day,

which could result in having a re-attend later.

You will be asked to supply us with your personal information as well as details such as the name and address of your GP at home, the address where you are staying and a contact telephone number.

We would ask that home visit requests only be made when the patient can't travel because of ILLNESS. If the problem is lack of transport, please ask a friend, relative, taxi or bus to bring you to the surgery.

We would ask that appropriate clothing be worn when attending the surgery, e.g. shirt, shoes etc.

Prescriptions

Please contact your own surgery and ask them to fax a repeat prescription to one of the local pharmacies.

In exceptional circumstances we may prescribe routine repeat medications but **our policy is to supply a MAXIMUM of 7 days medication only.** For long stay patients we request that all further routine medication is obtained from the patients' own registered GP, perhaps using a stamped addressed envelope.

In order to provide this service we need full details of your forgotten medication including name, strength and dosage.

Please phone your own doctor to obtain the information before contacting us.

Useful addresses:

Burnham-on-Sea Hospital
Love Lane,
Burnham-on-Sea TA8 1ED
Tel: 01278 773100

Weston General Hospital
Grange Road, Uphill
Weston-Super-Mare BS23 4TQ
Tel: 01934 636363

Musgrove Park Hospital
Taunton, Somerset TA1 5DA
Tel: 01823 333444

Bridgwater Hospital
Salmon Parade
Bridgwater TA6 5AH
Tel: 01278 451501

Out Of Hours Contact
Telephone: 111

Local Pharmacists:

Boots, 15-17 High Street,
Burnham On Sea
Tel: 01278 782079
Fax: 01278 794069

Boots, 34 Fore Street,
Bridgwater
Tel: 01278 422011
Fax: 01278 421119

Day Lewis, Regent Street,
Burnham On Sea
Tel: 01278 773912
Fax: 01278 783079

Co-Op Pharmacy, Victoria Street,
Burnham On Sea
Tel: 01278 782 017
Fax: 01278 780 213

Lloyds Pharmacy, Pepperall Road,
Highbridge
Tel: 01278 795001
Fax: 01278 795001

Lloyds Pharmacy, 22 Market Street,
Highbridge.
Tel: 01278 783757
Fax: 01278 793644

Tesco's Pharmacy, Ben Travers Way,
Burnham On Sea
Tel: 01278 488847
Fax: 01278 488849

HIGHBRIDGE MEDICAL CENTRE



Temporary Resident Information

Highbridge Medical Centre
Pepperall Road
Highbridge
TA9 3YA

Tel: 01278 783220
Fax: 01278 795486

Dr M.J Bizon, Dr M.C Edwards,
Dr B.E Elliott, Dr C.M.T Steidl, Dr S.Ahktar,
Dr G. Tanner, Dr T. Waheed.

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